



# PERU

## CULTURAL JOURNEYS

*Gently walking on ancient pathways*

### *A Textile Exploration of Culture and Spirituality*

*8 days / 7 nights*

*November 1 – 8, 2017*







Photo by Matt Dayka



## THE SACRED VALLEY, CUSCO & MACHU PICCHU

### *A Textile Exploration of Culture and Spirituality*

Explore ancestral Andean worldview imparted by textiles while based in the Sacred Valley. Visit magnificent archaeological sites, experience spectacular settings, colorful markets and Peruvian cuisine, and personally engage with weavers from the traditional community of Amaru.





## DAY ONE ~ WEDNESDAY, NOVEMBER 1

### *Arrival Sacred Valley*

Take a spectacular morning flight to Cusco, “the navel of the world”, land in the heart of the Andes and be greeted at the Cusco airport by your personal guide, Roman Vizcarra. Enjoy a stunning 40-minute scenic drive to the Sacred Valley of the Incas. Revel in the striking beauty of the snow topped peaks, mountainsides delineated by Inca terraces, and fields that cover the valley floor. Arrive to Pisac with lower altitude and small town charm. Settle into your room at [Pisac Inn](#), meet the staff and enjoy a cup of coca tea to help you acclimate. Savor your first in a series of delicious meals spun into a select set menu prepared by the Inn’s Restaurant, [Cuchara de Palo](#) so you may explore the diversity and richness of Peruvian Cuisine. Take the afternoon to rest or explore the cobblestone streets of Pisac on your own. Gather for a reception and orientation with a welcoming Pisco Sour, followed by a fireside dinner.

**Hotel:** Pisac Inn **Meals:** L, D



## DAY TWO ~ THURSDAY, NOVEMBER 2

### *Cusco*

Visit the sacred spring of Tambomachay, the lunar and solar observatories of Kenko, and explore the pre-Columbian site of Sacsayhuaman. You will be captivated by the introduction to Andean astronomy and sacred geometry, the foundation of Andean culture that will be expanded on each day of your journey. After lunch in Cusco return to Pisac and enjoy a sunset stroll along the cornfields or simply relax at our lively sidewalk café or on the balcony with a view of the plaza and market. Enjoy a quiet evening with dinner.

**Hotel:** Pisac Inn **Meals:** B, D (lunch not included)









### DAY THREE ~ FRIDAY, NOVEMBER 3

#### *Traditional Community of Amaru*

Delight in a 45-minute drive into the majestic high Andes and walk through the patchwork fields replete with potatoes, fava beans and corn to the traditional highland community of Amaru, where a genuinely authentic way of life is still practiced to this day. Be welcomed by the weavers of the Apu Runawana Weaving Association with an endearing sweetness. This community is not only practicing their traditional weaving techniques, but is also consciously preserving their ancestral heritage tied to their rich traditional way of life through ancestral celebrations and values. Participate in natural dyeing by collecting plants and minerals used in pre-Columbian times, and assisting in the whole process covering local dyes, and various colors and hues. A beautiful cultural exchange unravels as you experience this incredible opportunity to step back in time and appreciate a quality of life with an admirable simplicity that is strikingly moving and profound. Enjoy a traditional lunch prepared with their prized agrarian products as the women begin to spin their naturally dyed wool. Others meditatively set up their back strap looms to share their ancestral weaving skills with us. You can engage with the weavers in spinning and weaving. This wonderful opportunity to purchase textiles directly from the weavers is not to be missed. Return to Pisac and enjoy a quite evening with dinner.

**Hotel:** Pisac Inn **Meals:** B, L, D

Dinner followed by festive traditional music and dance with Wiñay Taki Ayllu, a local group of musicians, artists and visionaries who have dedicated their lives to preserving their Andean culture. This is a special opportunity to meet some of the founding families of the [Kusi Kawsay Andean School](#), as well as teachers and students who participate in this remarkable presentation that follows the Andean Agrarian Ritual calendar celebrated at Kusi Kawsay. Enjoy this evening full of music, dance, in depth explanations, the sharing of stories; and connect to the natural cosmic cycles of the Andes.





## DAY FOUR ~ SATURDAY, NOVEMBER 4

### *Traditional Community of Amaru*

Return to Amaru and continue the hands on exploration of spinning, dyeing, and weaving with traditional textile masters from the Apu Runawana Weaving Association.

Dinner followed by festive traditional music and dance with Wiñay Taki Ayllu, a local group of musicians, artists and visionaries who have dedicated their lives to preserving their Andean culture. This is a special opportunity to meet some of the founding families of the Kusi Kawsay Andean School, as well as teachers and students who participate in this remarkable presentation that follows the Andean Agrarian Ritual calendar celebrated at Kusi Kawsay. Enjoy this evening full of music, dance, in depth explanations, the sharing of stories; and connect to the natural cosmic cycles of the Andes.

**Hotel:** Pisac Inn **Meals:** B, L, D





## DAY FIVE ~ SUNDAY, NOVEMBER 5

### *Pisac Market with Weaving*

Explore Pisac's colorful Traditional Indian Market. Visit the food section where locals buy and trade their produce and admire the beautiful faces and calm excitement that transforms Pisac on Sunday. This is a wonderful opportunity to buy gifts to take home with you. Enjoy an afternoon of weaving exploration with the Textile School in Pisac.

**Hotel:** Pisac Inn **Meals:** B, L, D



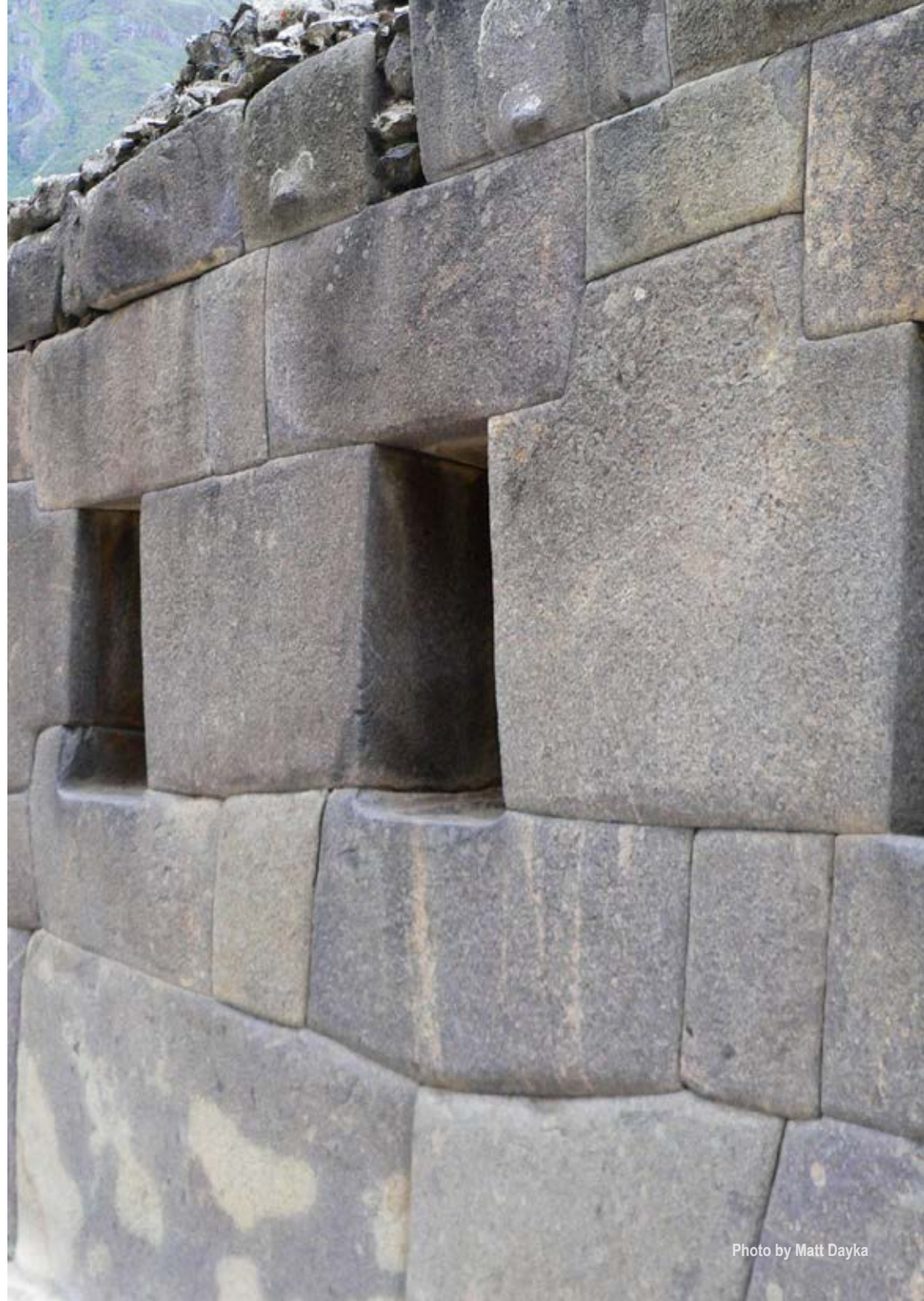


## DAY SIX ~ MONDAY, NOVEMBER 6

### *Ollantaytambo*

Enjoy a breathtaking one-hour drive through the heart of the Sacred Valley to the Inca town Ollantaytambo with magnificent water systems. Learn about the Llama constellation and explore the quaint town that was built in the shape of a cornucopia. Visit the remote community of Accha Alta where villagers knit and weave in natural alpaca. After lunch enjoy a spectacular afternoon train ride to Aguas Calientes, where you will have a nice dinner out and spend the night in preparation for an early start to Machu Picchu the following morning.

**Hotel:** La Cabaña Boutique Hotel **Meals:** B, Picnic (dinner not included)





## DAY SEVEN ~ TUESDAY, NOVEMBER 7

### *Machu Picchu*

Get an early start to take the 20-minute bus ride up steep slopes to magnificent Machu Picchu, renowned as a wonder of the world. Isolated among mountain peaks, this awe-inspiring site carries sacred mathematical and scientific wisdom yet to be fully discovered. Explore the important sectors full of astronomic explanations, and revel in the beautiful natural setting and ancient ruins. Take bus down to Aguas Calientes to catch the afternoon train to Ollantaytambo and drive back to Pisac. Enjoy dinner upon your return to Pisac Inn.

**Hotel:** Pisac Inn **Meals:** B, D (lunch not included)





## DAY EIGHT ~ WEDNESDAY, NOVEMBER 8

### *Cusco City*

Say goodbye to Pisac and drive to Cusco to participate in the Textile Conference Tinkuy 2017, Gathering of the Textile Arts, or take your return flight home.

**Hotel:** Pisac Inn **Meals:** B, (lunch & dinner not included)







Photo by Matt Dayka



## **EXTENSIONS**

*Tinkuy 2017, Gathering of the Textile Arts  
8 days / 7 nights Cusco City*

*November 1 – 8, 2017*

[Tinkuy 2017, Gathering of the Textile Arts Web Site](#)





## DAY ONE ~ WEDNESDAY, NOVEMBER 8

### *Opening Ceremonies*

Today join in the Tinkuy's Opening Parade and Ceremonies. Truly an international festival, the weavers parade through the streets of Cusco in their traditional costumes to the Plaza de Armas for a joyous beginning to the 4 days of keynote speakers, presentations, demonstrations, and opportunities to see a world of native textiles within the heart of Cusco. Today's keynote speakers include Ramiro Matos, curator at the Smithsonian's National Museum of the American Indian, and Carmella Padilla, author of *A Red Like No Other*. The hotel is near the main venue for the celebration, perfectly situated to enjoy all that Tinkuy has to offer while being able to get back to rooms to rest and recuperate. There will be many opportunities during the Tinkuy to break away and explore the city.

**Hotel:** Cusco **Meals:** B (lunch & dinner not included)





## DAY TWO ~ THURSDAY, NOVEMBER 9

### *Weaving the Past*

Continue to learn and appreciate the many weaving traditions represented by weavers from throughout the Americas and abroad who fill the courtyard. Speakers this day will focus on the fascinating history of textiles from pre-Incan to Colonial times. General registration is included in your tour, and you will also have the opportunity to sign up for hands-on workshops that you may be interested in. Try your hand at back-strap weaving!

**Hotel:** Cusco **Meals:** B (lunch & dinner not included)





## DAY THREE ~ FRIDAY, NOVEMBER 10

### *Weaving the Present*

National Geographic Explorer Wade Davis delivers the morning keynote. This day brings many opportunities, formal and informal, to watch, learn, or try your hand. With Cusco just outside the door, you will be able to shop or visit a cultural site during your breaks in the conference.

**Hotel:** Cusco **Meals:** B (lunch & dinner not included)





## DAY FOUR ~ SATURDAY, NOVEMBER 11

### *Weaving the Future*

With friendships made and lots of new skills learned, today is a day to say goodbye to many of the international weavers. We end with a fabulous fashion show and passing of the torch from the elders to young weavers. The full agenda for the Tinkuy will be available online after January 1, 2017.

**Hotel:** Cusco **Meals:** B (lunch & dinner not included)





## DAY FIVE ~ SUNDAY, NOVEMBER 12

### *Post-Tinkuy Natural Dye Workshop*

We travel by coach this morning to the Chinchero Valley, with its snow capped mountains and the glacier Chicon. We arrive at Nilda's hometown of Chinchero, where we will participate in a natural dye workshop. Sure to be a highlight of the trip, this will be our opportunity to learn what plants make what colors, and to try our hand at creating the beautiful red made from the famous cochineal beetle. A traditional lunch will be prepared and served by Nilda's family in Chinchero. After our workshop, we return to Cusco.

**Hotel:** Cusco **Meals:** B (lunch & dinner not included)

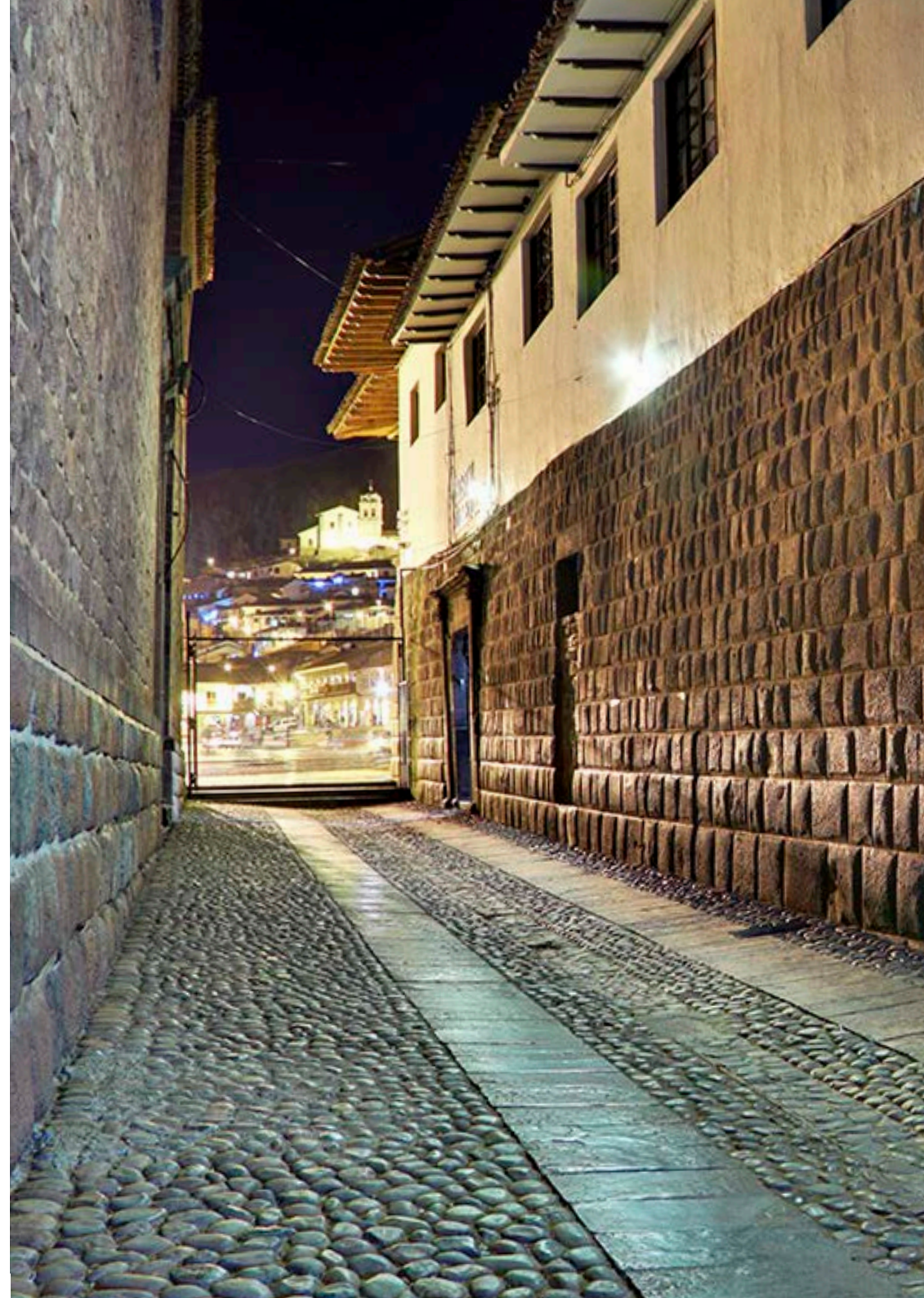




### **DAY SIX ~ MONDAY, NOVEMBER 13**

*Flight to Arequipa for the Colca Canyon Extension,  
or return flight home.*

Things to see during free time in Cusco: stroll through the streets, admire the Inca walls, visit the Plaza de Armas, the traditional food market, shop at boutiques that feature high quality alpaca in contemporary designs, or visit museums such as the Chocolate Museum, ChocoMuseo.





## COLCA CANYON EXTENSION

*Arequipa & Colca Canyon*

*4 days / 3 nights*

*November 13 – 16, 2017*

Explore the charming city of Arequipa, the second largest in Peru, known as the “White City” named after the volcanic silar stone from which it was originally built.

The Colca Valley and Canyon are one of the most beautiful areas in Peru, and one of the deepest canyons in the world being a unique geological feature resplendent with both wildlife and cultural history. You will see spectacular Andean terraces and territory of the Andean condor.





## DAY ONE ~ MONDAY, NOVEMBER 13

### *Arequipa Arrival*

Flight from Cusco to the beautiful white city of Arequipa. Transfer to hotel. Explore the historical Plaza de Armas and downtown on your own followed by dinner.

**Hotel:** Casa Arequipa **Meals:** B (lunch & dinner not included)





## DAY TWO ~ TUESDAY, NOVEMBER 14

### *Colca Valley*

Be ready for an early pick up from your hotel in Arequipa to begin your drive towards the Colca Valley. Drive north passing the town of Yura, and the Chachani volcano. Visit the Pampa Cañahuas Reserve where you can admire vicuñas in their wild state, prized for their valuable fiber. Continue through Pataguasi and appreciate the rock formations from natural erosion. Continue to Vizcachani and Toccra where you will see migrating birds, llamas and alpacas. Admire the view of “Patapampa”, the highest point at 4,850 msnm. Descend and arrive to the town and Chivay in the Colca Valley and go to the hotel Pozo del Cielo. In the afternoon visit the natural hot springs, rich in lithium, or enjoy a walk. (Entrance fee to hot springs is not included, cost is around \$3.50)

**Hotel:** Pozo del Cielo **Meals:** B (lunch & dinner not included)





### DAY THREE ~ WEDNESDAY, NOVEMBER 15

#### *Cruz del Cóndor & Colca Canyon*

Enjoy an early breakfast and depart at 6:30 am to the Cruz del Cóndor, a strategic point to observe the profoundness of the Canyon and observe the spectacular flight of the condors. See archeological sites, impressive agricultural terraces and panoramic vistas of the Colca Canyon. Visit the towns of Pinchollo, Maca, Achoma, and Yanque. After lunch in Chivay depart for Arequipa. Arrival time is around 5 in the afternoon. Overnight in Arequipa.

**Hotel:** Casa Arequipa **Meals:** B (lunch & dinner not included)





## DAY FOUR ~ THURSDAY, NOVEMBER 16

*Departure*

Morning flight to Lima to your connection home.

**Meals:** B

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## URPILLAY SONQOLLAY

*¡Hasta Luego!*



Photo by Matt Dayka



*Authentic cultural travel broadens horizons and enriches the spirit,  
affording a deeper understanding of the world in which we live.*



Photo by Matt Dayka